



Amma Loops



Road Ride

Exit 25 on I-79

26 Miles north of Charleston
Park between gas station and
car wash.

35.2 miles

29.9 miles if you eliminate the lower loop.

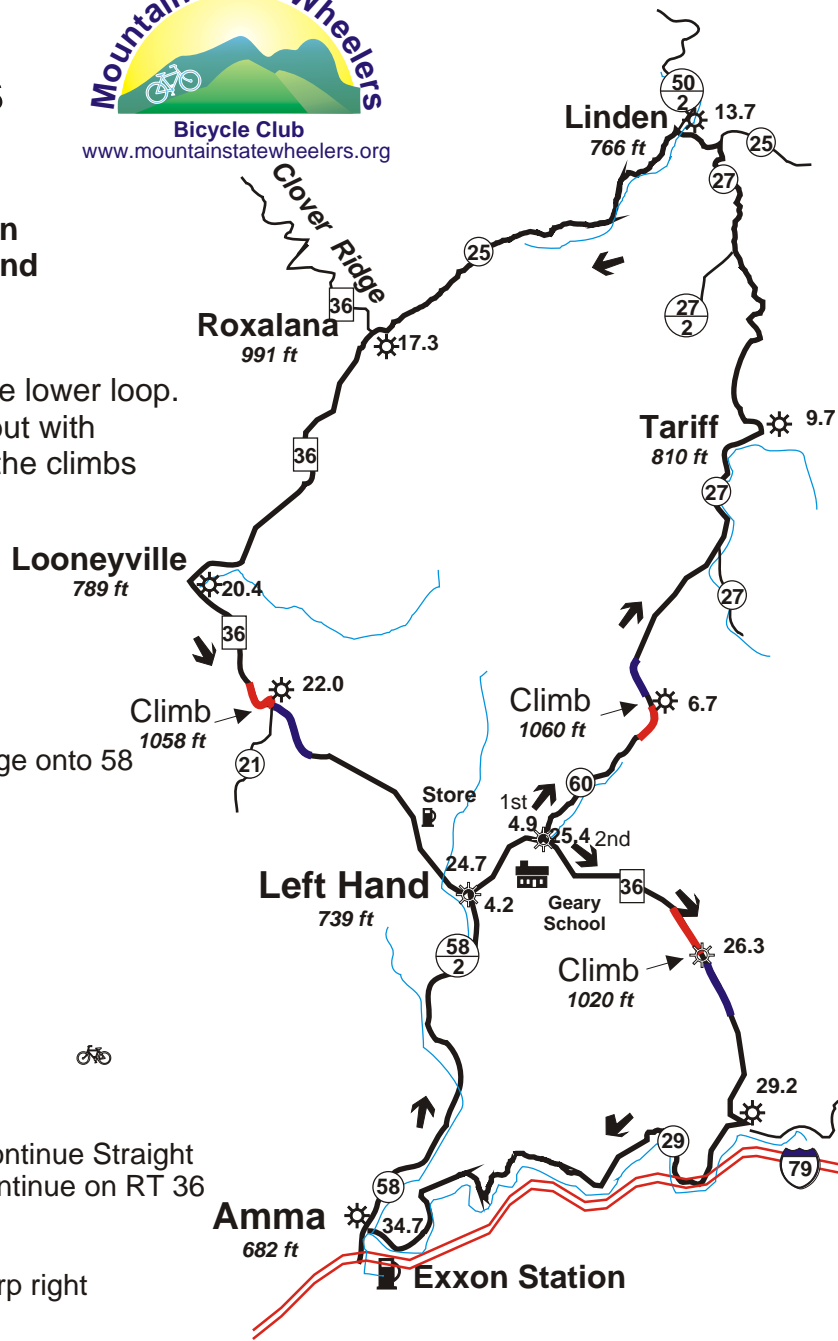
This ride features 3 climbs, but with
plenty of flat riding between the climbs
to recover.

Total climbing 2,856 ft

Minimum Elevation 679

Maximum Elevation 1,058

- 0.0 Start at Exxon Station
- 0.4 **LT** Left turn before crossing bridge onto 58
- 4.2 **RT** Right turn onto route 36
- 4.9 **LT** Left turn onto 60
- 6.5 Begin short steep climb
- 6.7 Top of Climb
- 9.7 Tariff - Bare left after bridge
- 13.7 Linden
- 17.3 **LT** onto route 36 at Roxalana
- 20.4 Looneyville
- 21.7 Begin Climb to Vineyard Gap
- 22.0 Vineyard Gap
- 22.6 End of downhill
- 24.7 Intersection at Left Hand - Continue Straight
- 25.4 Pass Tariff/Linden Road - Continue on RT 36
- 25.9 Begin Climb
- 26.3 Top of Climb
- 29.2 **RT** Right turn onto 29 - Very sharp right
- 34.7 Continue straight after bridge
- 35.1 **Finish**



This ride is done in a figure eight to take the best advantage of the terrain. From the gas station, you will go under I-79 and bare left on route 58 before crossing the small bridge. You will follow the stream for about 5 miles (58 runs into 58/2) of rolling road.

At the intersection of R 36 at Left Hand, bare right. After passing the Geary School, bare left on the "Tariff-Linden" road (R60). There is a short, steep climb about 1 1/2 miles from the turn off. Once you top out, you are going downstream to Linden, and then a gradual accent along a stream back to R36 again along Clover Ridge.

Take a left on R36, and it is down stream to Looneyville. From Looneyville, you begin a gradual climb, culminated in a good climb where R21 intersects at the top. Continue on R36. The down hill is pretty good, but watch out for the turn at the bottom. It is downhill to Left Hand from here. The grocery and gas on the left is the only store on the route.

Continue straight on 36 when you come to the intersection with 58/2 where you originally joined 36 (By returning back to the start from here makes about a 25 mile ride.)

Continue straight past Geary School again, (DO NOT bare left onto R60) and continue straight on 36. Not long after passing R60, you will begin the last large climb of the ride. It is a fairly straight climb. The downhill is pretty straight and you can let it roll if pavement conditions allow.

The real tricky turn on the route if the one off R36 onto R29. When you start seeing or hearing the interstate traffic, begin looking for R29. It makes a very sharp right hand turn after a turn on R36. If you find yourself riding parallel to I-79, you have missed the turn.

Follow 29 along the stream back to the Amma.

- Bike Route
- Descents
- Assents
- 1111 Elevation above sea level
- 0.0 Mileage Marker and mileage
- Route Direction

Prepared by Dale Porter, April 2001
Mileage and elevation from Maptech USGS Topographical Maps

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