

## 2009 Membership Application

[www.mountainstatewheelers.org](http://www.mountainstatewheelers.org)

Fill out the form completely and mail with check in the appropriate amount to:

Mountain State Wheelers  
Membership Application  
P.O. Box 8161  
South Charleston, WV 25303

Today's Date: \_\_\_\_\_

Membership: New \_\_\_\_\_ Renewal \_\_\_\_\_

Type of Rider: Road \_\_\_ Mountain \_\_\_ Both \_\_\_

Preferred Road Bike Ride Category: A B C D \_\_\_\_\_

Preferred Mt. Bike Ride Category: A B C D \_\_\_\_\_  
(See below for an explanation of ride categories)

Contact Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

--Select Membership Type--

Individual \$15.00: \_\_\_\_\_ Family \$18.00: \_\_\_\_\_  
(Memberships are from January 1 through December 31 and memberships received after September 1 are half-price)  
Names and dates of births (month/day/year) for all  
Individuals or Family Members joining or renewing:  
(Individual Members must be at least 18 years old)

\* Our monthly newsletter, SpokeNotes, is distributed exclusively through email and on our web site. You may choose to receive it through US mail, but you will not receive our weekly emails highlighting upcoming rides and other last-minute information.

\_\_\_\_\_ Check here if you choose to have the Spoke Notes mailed to you and decline to receive all emails from the MSWBC.

\* The Mountain State Wheelers Bicycle Club does not share or sell its membership list with any outside individuals or organizations. Our membership roster is available only to club members and may be used only for club-related purposes.

\_\_\_\_\_ Check here if you choose to have your information NOT appear on the roster available to MSWBC members.

\* The Wheelers sponsor road and mountain bike rides on nearly every Saturday throughout the year. We have a significant need for ride leaders and routes, especially Class C rides. If you would like to volunteer as a ride leader complete the information below:

\_\_\_\_\_ Check here if you would like to lead the following types of bicycle rides (circle any or all): ROAD MOUNTAIN

\_\_\_\_\_ Check here if you would like to lead the following classes of bicycle rides (circle any or all): A B C D

### Ride Categories for Road and Mountain Bike Rides

Class A: For strong, experienced, conditioned cyclists; expect long, steep hills; 45-100 miles; average 16-20+ mph.

Class B: For riders in good cycling shape; expect routine to hard riding; challenging terrain; 25-75 miles; average 14-18 mph.

Class C: For average riders who ride regularly; 15 to 35 miles over moderate terrain; no long steep hills; average 10-14 mph.

Class D: For almost all riders; 5 to 20 miles on any type of bicycle with gentle terrain; average 6-10 mph.

Memory Ride: A ride without a designated leader; the route and length up to those who show up.

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